

# **Extended School Year (ESY) Discussion Checklist**

## **Regression & Recoupment (but not the ONLY factor)**

- Has the team reviewed data on past regression after breaks?
- How long does it typically take my child to recoup lost skills?

## **Critical & Emerging Skills**

- Is my child at a critical point of instruction or breakthrough in any skill?
- Are there skills that are emerging but not yet mastered or generalized?
- Would a break likely interrupt progress toward these critical skills?

## **Mastery & Consolidation**

- Which skills have been mastered vs. are still in acquisition?
- Are there important skills that are not yet consolidated?
- Would interruption increase the risk of losing these skills?

## **Behavior & Mental Health Considerations**

- Are there behavior concerns that impact learning?
- Would a break in behavior supports likely increase challenging behaviors?
- Does my child need ongoing support to maintain emotional/behavioral regulation?

## **Progress on IEP Goals**

- Has my child made limited progress on any critical IEP goals?
- Could ESY help close gaps in critical areas (not all goals)?

## **Nature & Severity of Disability**

- How does my child's disability impact likelihood of regression?
- Would recoupment of skills take longer due to the disability?

## **Parent/Guardian Capacity & Home Support**

- Am I able to maintain my child's progress at home during a long break?
- Would I need training or support to do so?
- Are home-based supports or parent training appropriate?

## **Final Determination**

- Did the team clearly document the rationale for ESY eligibility or denial?
- If denied, were specific data and reasons provided?
- If approved, are the ESY services focused on critical skills only?

